



# Family Learning

Year 11

Perform Together 23.4.26



# Welcome:

Mrs Guest - Headteacher

**'Year 11', Mrs Miller**  
**lmiller@falmouthschool.net**



An outline of this evening:

- The 'What ifs' of exams
- Exit Timetable
- Wellbeing and Support
- Prom

# Exams – trouble shooting

Mrs Moulder - Exams Officer  
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# 1. What equipment should I bring to my exam?



If anyone forgets anything on the day of an exam we will have spare equipment

## Equipment needed:

- 2 black pens (blue ink is not permitted)
- 2 pencils
- Eraser and sharpener
- Ruler
- Protractor
- Compass
- Highlighter
- Scientific calculator
- Clear pencil case or bag

# 1. What equipment should I bring to my exam?

Only **clear water bottles** with no labels can be brought into the exam room.



**Permitted in the exam room**  
(No labels, transparent, no writing)



**NOT permitted in the exam room**

# 1. What equipment should I bring to my exam?



AQA City & Guilds CCEA OCR Pearson WJEC

**NO MOBILE PHONES**  
**SMARTWATCHES**  
**MP3/4 PLAYERS**

**NO POTENTIAL TECHNOLOGICAL/WEB  
ENABLED SOURCES OF INFORMATION**



Possession of unauthorised items, such as a mobile phone, is a serious offence and could result in

**DISQUALIFICATION**

from your examination and your overall qualification.

This poster must be displayed in a prominent place outside each examination room.

You should NOT bring any devices into the exam rooms. If you do by mistake you MUST hand them in to an invigilator. This includes mobile phones, watches and ear pods.

If a phone goes off in an exam room or a phone or device is discovered, we have to report it as malpractice to the exam boards and you could be disqualified from the exam.

## 2. What if I am late on the morning of an exam?

If you know you are late, **please contact the school** as soon as possible so that we are aware that you are on your way and your arrival time.

**We will take a register every morning** so we will ring home as soon as we are aware that anyone is missing.

When you arrive at your exam room, **please let the invigilator know** so that you can be marked in to the exam.

If you arrive **within one hour of the start time (09:00 or 13:15)**, there should not be a problem with you sitting the exam.



### 3. What if I am unwell on the morning of my exam?



If you are really unwell and feel **you cannot take an exam, you must ring the school** as soon as possible so that we can discuss this with you. It may be necessary to **provide medical evidence** to support any applications to the exam boards.

If you are unwell but **you can take the exam**, let the school know as we can put in a special considerations request.

If you feel unwell during an exam, you must put up your hand to **tell an invigilator**. If it has affected your ability to take the exam we can apply to the exam board for special considerations.

# 4. What if I sit the wrong paper (tier of entry) or answer the wrong question?

1. Please **check your exam timetable** carefully, if you spot any errors please come and see me, your tutor or your teacher as soon as possible so we can check and make any amendments if needed.

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Date	Start	Length	Syllabus Option	Exam
11/05/2026	09:00	105 mins	English Literature (8702)	English Literature Paper 1
12/05/2026	13:15	75 mins	Combined Sci: Trilogy Tier H (8464H)	Combined Sci Trilogy Biology P1h
13/05/2026	09:00	90 mins	Geography (8035)	Geography Paper 1

# 4. What if I sit the wrong paper (tier of entry) or answer the wrong question?



**AQA** **SPECIMEN MATERIAL 2**

Please write clearly in black capitals.

Centre number:

Candidate number:

Name: \_\_\_\_\_

Answer(s): \_\_\_\_\_

Candidate signature: \_\_\_\_\_

**GCSE**  
**ENGLISH LANGUAGE**  
**(8700)**

Paper 1: Explorations in creative reading and writing

Time allowed: 2 hour 45 minutes

#### Instructions

- For this paper you must have:
  - Spelling A – provided at a separate room intervention
  - Answer MR (questions)
  - Use black ink on black ball point pen
  - PE in the bottom of this page
  - You must answer the questions in the spaces provided
  - Do not write outside the lines around each page or on blank pages
  - Do all rough work on this sheet. Cross through any work you do not wish to be marked
  - You must refer to the poem booklet provided
  - You must not use a dictionary, spellchecker
  - The marks for questions are shown in brackets
  - The maximum mark of this paper is 50
  - There are 40 marks for Section A and 10 marks for Section B
  - You are reminded of the need for good English and clear presentation in your answers
  - You will be assessed on the quality of your reading in Section A
  - You will be assessed on the quality of your writing in Section B

#### ADVICE

- You are advised to spend about 15 minutes reading through the source text of five questions you have to answer
- You should make sure you leave sufficient time to check your answers

8700/1

2. On the day of your exams, the invigilator will ask you to **check the date, time and tier** of your paper. Please check these carefully and **tell the invigilator** if you think something is incorrect. We would rather you check.

3. At the start of the exam the invigilator will read through the instructions on the front of the paper which will show if you need to answer particular questions of sections. **If you are unsure, please raise your hand and ask an invigilator.** They are there to help.

# 5. What if I have an exam clash?



04/06/2026	09:00	110 mins	History Option Bm (1HI0BM)	American W.,elizabethan
	09:00	0 mins	History Option Bm (1HI0BM)	Early Elizabethan
	09:00	0 mins	History Option Bm (1HI0BM)	The American West
	13:15	60 mins	French Option H (1FR1H)	Reading (h)

**This is not an exam clash**, it is a History Exam, consisting of 2 paper.

08/06/2026	09:00	75 mins	Combined Sci: Trilogy Tier H (8464H)	Combined Sci Trilogy Biology P2h
	13:15	80 mins	French Option H (1FR1H)	Writing (h)
	13:15	105 mins	Further Mathematics (8365)	Further Mathematics Paper 1

**This is an exam clash**, with 2 exams at 13:15, those who are studying both French and Further Maths will take their French paper first, have a break of 20 mins in exam conditions and then will sit Further Maths

# Year 11 Exit Timetable - Mr Price

Over the next few weeks Year 11s will be following a *bespoke exit timetable*.

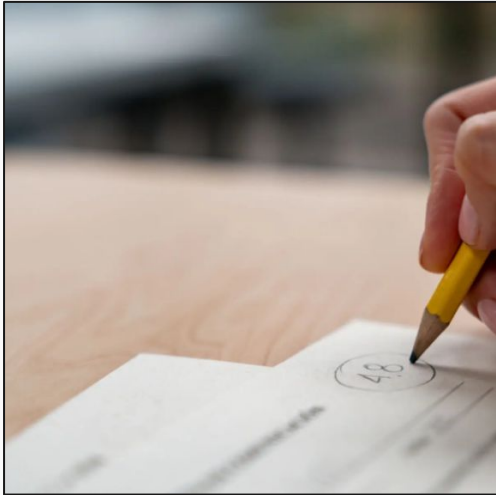
There will be little change in the first few days, but as exams take place and courses finish, your timetable will be different.

Students in lessons where courses have finished, will **'drop down' into collapsed classes** taught by subject specialists for subjects that they will have an exam in shortly

This is to ensure that you get the best specialist provision when you need it most. We know that **expert input** at these crucial times makes all the difference.



# Year 11 Exit Timetable



Lessons in all your subjects will be structured with the teacher leading with their expertise. This includes when you return from exams.

**Do not** expect 'free revision time' or creation of revision resources. You should do that at home. **Specialist teachers** are the unique and valuable resource that you can only access here.

Most dropdown sessions will be in the hall or the ILC. You will be registered in these areas. Your timetable will say exactly where you should be.

**You will be told by your tutor in the morning** where you need to be for each session. You also have a copy of the timetable and an email will be sent daily to parents and carers.

In PSHE you will continue to complete **English Literature** work. **Core PE** will continue as it is so valuable for your wellbeing.

There is **no study leave**, your last official day of timetable is **12<sup>th</sup> June**, though some students may be in after that for subjects like Spanish.

# Key Messages

1. Follow your revision timetable. **Little and often** is guaranteed to be more effective.
2. **Look after yourself.** Eat well, sleep well and stay hydrated. Give your brain the energy and help it needs.
3. **Eat the frog.** *"If it's your job to eat a frog, it's best to do it first thing in the morning. And if it's your job to eat two frogs, it's best to eat the biggest one first."* – Mark Twain.  
  
You see how this applies – use the mornings to do the toughest revision and **always focus on topics you're less comfortable with first!**
4. Finally – **make sure your revision is effective.** You should be **changing information from one form to another.** Test yourself regularly. Get family to help!



# Reducing stress

## Revision timetable:

-This is quite an art!

-A revision timetable needs to be planned around your actual exam timetable.

-This timetable example is good – but it could be better by breaking subjects down into topics.

-Notice that no revision is completed after 8pm.

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	TIME	SATURDAY	SUNDAY
8:30AM -4PM	SCHOOL	SCHOOL	SCHOOL	SCHOOL	SCHOOL	9AM- 10AM	BREAKFAST/ SHOWER	BREAKFAST/ SHOWER
4PM- 5PM	HOMEWORK	TV/ GAMING/ SOCIAL MEDIA	HOMEWORK	TV/ GAMING/ SOCIAL MEDIA	HOMEWORK	10AM- 11AM	REVISION - ENGLISH	REVISION - SCIENCE
5PM- 6PM	DINNER	DINNER	DINNER	DINNER	DINNER	11AM- 1PM	SEEING FRIENDS/ LUNCH	SPORT/ LUNCH
6PM- 7PM	REVISION - GEOGRAPHY	HOMEWORK	REVISION - HISTORY	REVISION - FRENCH	REVISION - SCIENCE	1PM- 3PM	REVISION - MATHS	REVISION - FLASH CARDS
7PM- 8PM	REVISION - MATHS	REVISION - ENGLISH	FREE TIME	HOMEWORK	FREE TIME	3PM- 5PM	OUT WITH FAMILY	SPORT/ TV/ GAMING
8PM- 9PM	FREE TIME/ SHOWER	FREE TIME/ SHOWER	FREE TIME/ SHOWER	FREE TIME/ SHOWER	FREE TIME/ SHOWER	6PM- 8PM	DINNER/ FREE TIME	DINNER/ FREE TIME

# Prioritising wellbeing

## Sleep routine:

- Exams are tiring. Expect to feel more tired than normal.
- Plan your bedtime and what time you will get up. Aim for 8 hours sleep (rest, if not sleep) or more.
- Switch off from technology at least an hour before getting into bed.
- Optimum sleep – a bath/shower before bed, cool room,



# Be Ready

## Organisation:

- Make sure everyone in the household knows what exams are taking place and when (a copy on the fridge?)
- Pack your bag the night before.
- Plan how you are getting to school...is there a backup if the car doesn't start?



# Distraction free?

## Quiet, distraction free work space:

Not everyone wants to work in silence...but exams will be silent, so consider rehearsing silence during revision time too.

Make sure you have a distraction free space to work. Avoid having technology to hand, such as a mobile phone.

Make sure it is comfortable, but not too comfortable working environment. Consider lighting, temperature and your position (attentive posture is not reclining or slouching!)



# Good fuel

## Eat well:

- During revision and exams, you will burn lots more calories...your brain needs feeding.
- Try to eat three main meals per day. Include some lighter snacks between meals.
- Aim to get your calories from foods that will make you feel fuller for longer, such as brown pasta, rice, meat (or high protein meat substitute) and fruit and vegetables.
- On days of exams, you might feel a bit sick and not have your usual appetite. That said, try to eat something, even if it's a banana, apple and/or cereal bar.



# Year 11 Prom

This will take place at The Falmouth Hotel on Friday 19<sup>th</sup> June, 6.30-10.30pm.  
Thank you to those who have paid. Final payment is due very shortly.  
Tables will be made up of 11 people. You need to decide who to sit with and next to

