



Falmouth School Activities Week 8th July - 12th July 2024



Welcome to the activities information for Falmouth School's Activities Week (AW).

The week has been designed to enable students to have fun and learn outside the curriculum, giving students the opportunity to choose an exciting activity and participate in things they may never have done before. It is a highlight of the year where students get to learn, build confidence, make new friends and enjoy themselves.

Choosing the activity:

There are a range of activities this year, providing an opportunity for all to take part. Please go through the information in the booklet of activities on offer and decide on your activity choice for the week.

How to apply for your Activities Week 2024 :

On-line booking for the activities on offer in AW will be open on ParentPay account on **WEDNESDAY 17th APRIL 2024 at 4.30 pm**

Activities are allocated on a first come, first served basis and if the activity is oversubscribed, you will need to select from the alternative activities on offer.

Activity Prices:

• £0- £30: To be paid for in full when the place is chosen

 \cdot **£30** - **£100**: A non-refundable deposit of £30 is required, once the place is chosen and then payment will be required in instalments by a preset date.

 \cdot **£100 and above**: A non-refundable deposit of £30 is needed once the place is chosen and then payment will be required in instalments by preset dates

Paying for the Activity:

Payments for activities will be via the ParentPay system. You will select your activity and pay your activity cost (full, if below £30) or the deposit required to secure your placement. Simply log on and pay your deposit once bookings are opened on Wednesday 17th April 2024 at 4.30 pm

The deposit amount will be confirmed on selection off activity. This will be required to secure the place on the chosen activity.

If you do not have access to ParentPay please contact the school at your earliest convenience.

Further Payment

You can continue to pay the outstanding remainder of the balance in instalments or in full thereafter by **31st May 2024**

Failure to keep up with the payments could result in your child's place being removed from the activity as we need these payments to secure places with external bookings agents. If you have any queries please contact <u>enquiries@falmouthschool.net</u>

Summary Key dates:

WEDNESDAY 17th APRIL 2024 at 4.30pm -ParentPay Booking open for activity deposits

FRIDAY 31st MAY 2024- Deadline for full AW payment

Please be aware that once you have chosen an activity, it will not be possible to change.

* All activity costs are approximate at this stage and subject to marginal changes based on sign up numbers. Where there is insufficient take up of activities this may lead to the activity not being viable and cancelled.

** Falmouth School reserve the right to make the final decision as to whether an activity is appropriate for an individual student.

Additional information

The cost varies for each package. This includes all travel costs, admission fees, cost of materials, hire of equipment, cost of instruction and insurance cover. The school has significantly subsidised the cost of the week and we hope you agree that it provides excellent value for money. However, if you do require support financially please get in touch with school.

We are delighted to offer this exciting week and hope that students will be excited to keenly engage with the opportunities offered.

ACTIVITIES LIST

| ACTIVITY | COST | PLACES |
|----------------------|------|--------|
| Cornish Attractions | £80 | 45 |
| Our Planet | £70 | 35 |
| Adventure Week | £155 | 45 |
| Watersports | £190 | 40 |
| Football Academy | £60 | 20 |
| Art Week | £25 | 30 |
| Creative Week | £20 | 30 |
| Theatre Week | £20 | 25 |
| Music week | Free | 30 |
| Lights Camera Action | £10 | 30 |
| Lego Robotics Week | Free | 15 |
| Designer Maker | £15 | 25 |
| Bake Week | £20 | 20 |
| Games Masters | £10 | 30 |
| Life's a beach | Free | 30 |

CORNISH ATTRACTIONS



Join us for a week of thrills and amazing experiences as we travel to some top cornish attractions which will include:

- **FLAMBARDS:** 'The best day of the week!' No introduction needed for this Cornish legend. A day of exploring the Victorian village and seeking the thrills of the rollercoasters.
- LANDS END-the most westerly point of Cornwall and attractions
- **ST MICHAELS MOUNT** Walk or board the boat to visit 'The Giant's castle'
- **CAMEL CREEK** Over 40 thrills, spills and adrenaline rides at this adventure park! Such fun to be had.
- CASTLE & BEACH Visit to a heritage site (tbc) with beach activity

Cost £80



OUR PLANET



Spend a fantastic week of visits and activities inspired by the awe and wonder of our planet. This will include:

- Newquay Zoo
- Eden Project
- National Marine Aquarium, Plymouth
- Forensics
- Beach visit & rock pool wonder

Cost £70

ADVENTURE WEEK



Love Adventure? Take part in a week of exciting adrenaline-fuelled excitement opportunities at:

- Tank Trax Activity Centre Paintball mayhem!
- Flambards Theme park rides at the biggest fun day in Cornwall
- Via Ferrata High wire and zip line adventures
- Gwithian Surfing and water sports
- Adrenaline Quarry A day of fun filled adventure.

COST £155

PLACES 45

WATER SPORTS



Take part in a range of watersports at **Elemental and Newquay Surf** to develop your skills and confidence in the water.

Intended activities throughout the visit will include the following:

- An opportunity to learn about the Cornish coastline
- Certified instructors coaching the sessions
- Beach and water activities which are weather (tides, currents) dependent
- Surf sessions (conditions permitting)

The benefits of watersports and surfing can include the following:

- Increased social and emotional well being
- Increased self -confidence, motivation and direction to achieve success
- Greater appreciation of the environment
- Development of team work skills, perseverance and resilience

Cost £ 190

FOOTBALL ACADEMY



Learn what it takes to become a professional footballer. Join the week's academy to improve your football technique and ball skills. You will practice a range of F.A. standard football drills which focus on all aspects of the game, from defending and attacking to shooting and set plays.

The week will include coaching from Plymouth Argyle football coaches and a visit to Plymouth Argyle's stadium for a tour and school activity.

This activity will enable you to develop your confidence, skills and team work through training, teaching and showcasing your skills.

This is a must for any football mad fan!

Cost £60



Get inspired by Art and the natural world through visits, locality and creative workshops in the week.

We will visit Tate St. Ives, Porthmeor beach, the Barbara Hepworth Museum, Falmouth Art gallery, Princess Pavilion and Gyllyngvase beach where we will learn about key artists and movements and take part in creative workshops.

We will draw and document through photo safari to inform our practical work to include pottery and sculpture, land art, printmaking, painting/ spray painting.

This week's activity is for you if you like the outdoors, drawing, making and being creative!

Cost £25

CREATIVE WEEK



Do you enjoy using your imagination and taking part in hands on creative activities? Then join us and professional creative practitioners in an exciting week of activities and workshops in different fields and disciplines each day including:

- Fashion design/Fashion Photography
- Textiles, Arts & Craft
- Creative writing
- Dance and Performance.

Over the week we will immerse ourselves in a creative activity a day where we will hone our creative talents and explore different techniques, materials, media and practical challenges. You will be fortunate enough to work with industry experts in key fields of design. You can even showcase your skills and achievement through performance, catwalk show, display and even have an after- show party!

Cost £20

THEATRE WEEK



Song, Dance, Drama and fun!

Can you create a play in a week?

Learn about all things theatre, thespian and performance. Go behind the scenes, script plays, explore physical space and movement.

You will experience a broad range of fun performance activities and have opportunity to work alongside professional practitioners and showcase your talents in a performance. (and even have an after-show party at the end of the week!)



MUSIC WEEK



Life's a song!

Take part in music and the power of songs.

You will listen to music, watch films and explore a wide range of song genres from pop to musical soundtracks.

Join a choir, blast those vocal ranges to sing and perform a musical medley over the week

The week will culminate in a performance and an after-show party!

Cost Free

Lights, Camera, ACTION!





Love Films?

Spend a week with practitioners learning about the industry from scripts, watching films and behind the scenes with light, camera, action!

The finale to the week will be a cinematic film experience at Falmouth cinema.



LEGO ROBOTICS WEEK



Spend a week designing a robot and programming this to tackle a game board.

Lego robotics team will follow the Lego Core Values in Teamwork, Creativity and inclusivity - Theme is "building and construction". Suited to students that are interested in building and programming.



DESIGNER, MAKER



Use your imagination and creativity to design, invent and make products that are unique, creative and transformative! Learn how to use a range of different material, tools and workshop techniques. Who has the most creative ideas? Who can problem solve through making?

The week will also include a visit and workshop to the Maritime Museum where you will undertake a creative Scrap Sail boat challenge using a whole host of materials, including recycled material and plastics.

Cost £15



Bake week is for keen bakers. Try a different baking skill each day whether it is biscuits, cakes, bread, pastry or pizza!

Using basic recipes, set ingredients and instructions, bakers will manage their time, rise to a challenge and include their technical knowledge and experience to create a finished product.

Will you be crowned star baker of the day or even the whole week? Complete the week with a baked celebratory picnic or tea party!



GAMES MASTERS



Do you love games?

Board Games, Physical games, Virtual games/gaming, interactive games, Murder Mystery games?

Spend the week learning about the games industry, take part in challenges and play a range of games. Pit your wits against opponents. You will have the chance to work individually and as part of a team.

Will you be at the top of the leader board at the end of the week?



LIFE'S A BEACH



Enjoy the sand, sun and seaside at our local beaches. You will visit the beach each day and take part in a range of seaside activities, games and picnic on the beach.

Cost FREE